



lifeworks

PSYCHOTHERAPY CENTER

Simply aware, fully alive.

lifeworkspsychotherapy.com
847-568-1100

HERE FOR YOU

LifeWorks psychotherapists bring a sex-positive and inclusive attitude to the difficulties, conflicts and questions you face. We see psychotherapy as an in-the-moment, co-creative exploration and discovery that can enhance self-awareness, wholeness and compassionate self-care.

Read more about LifeWorks clinicians at:
www.lifeworkspsychotherapy.com

LifeWorks is a Blue Cross Blue Shield PPO & Blue Choice provider.

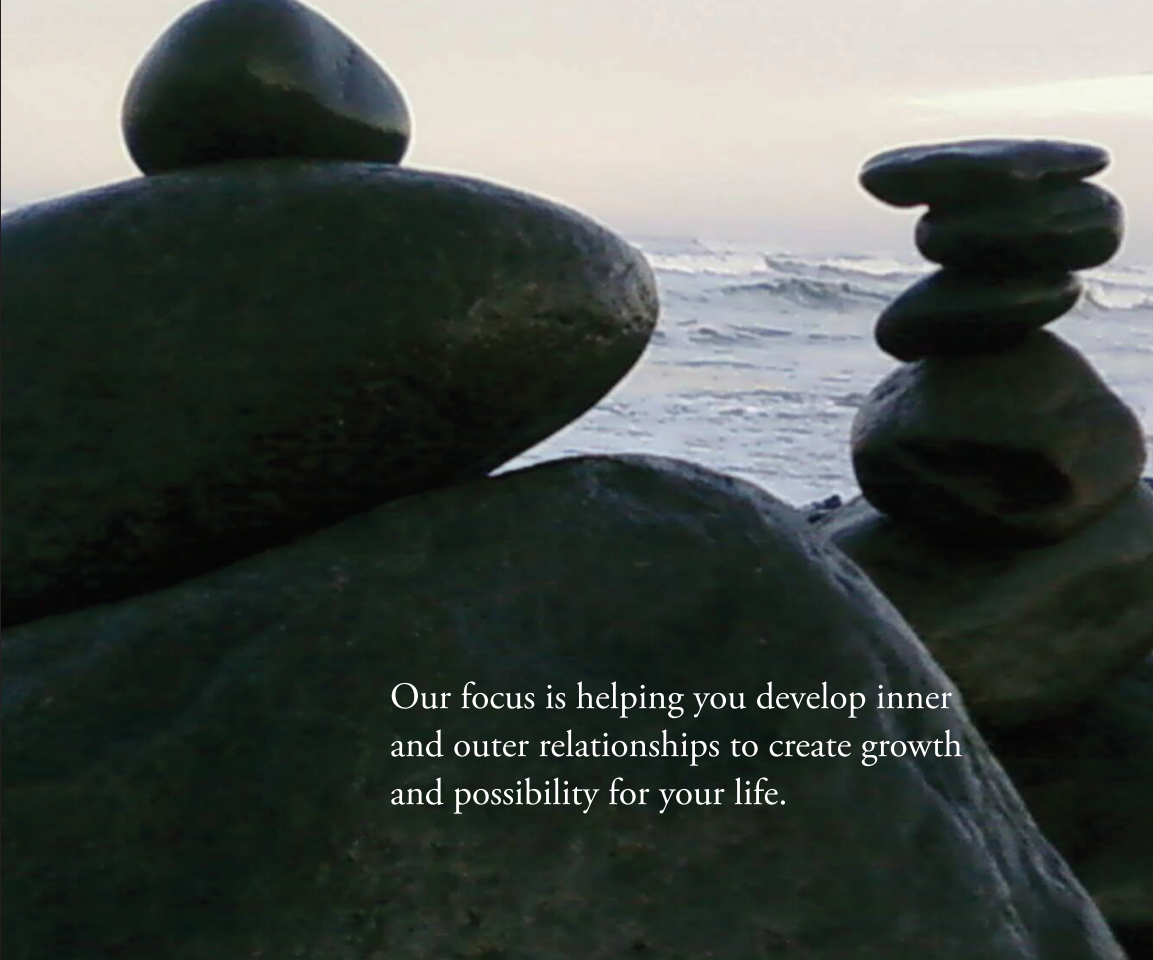


ARE YOU LOOKING TO...?

find support,
heal from past history, wounds or trauma,
find more joy, satisfaction & comfort,
build communication skills,
resolve conflicts,
improve relationships,
discover meaning & purpose,
deepen self-awareness,
embrace your true nature...

ARE YOU EXPERIENCING...?

anxiety or stress, depression, sadness
or loss, effects of or backlash from
trauma, marginalization, discrimination,
inner or outer oppression, relationship
conflict, disturbing or persistent moods,
longstanding problems, difficult life
transitions...



Our focus is helping you develop inner
and outer relationships to create growth
and possibility for your life.


WE ARE AN
EXPLICITLY
INCLUSIVE
PRACTICE.
WE EMBRACE
DIVERSITY IN
ALL ITS FORMS.

We welcome clients of all ages, ethnicities, races, spiritual practices and religious traditions, genders and sexual orientations.

LifeWorks clinicians have many years of experience working with transitions, issues and conflicts related to relationships and identities that are marginalized or largely unsupported by society such as LGBTQIA, open relationships, polyamory, kink, etc...

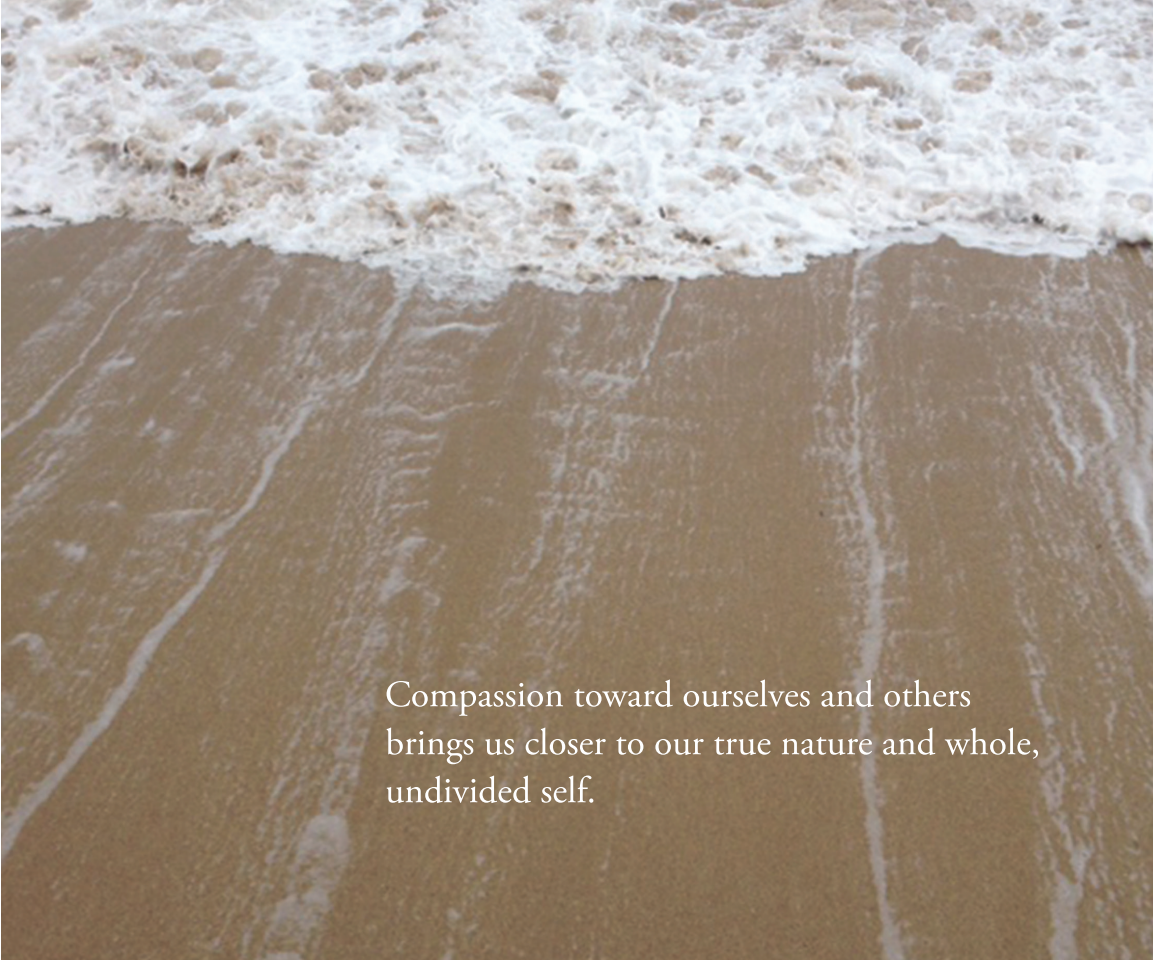
We are knowledgeable about the struggles of religious, spiritual, racial, cultural and ethnic minorities.

WE APPROACH
THE PROBLEMS
YOU FACE
WITH AN
UNDERSTANDING
THAT...



Life struggles and conflicts are
meaningful, purposeful and the
keys to healing.

EXPERIENCE,
HEALS AND
BRINGS RELIEF.
KNOWLEDGE IS
NOT ENOUGH...



Compassion toward ourselves and others
brings us closer to our true nature and whole,
undivided self.

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PSYCHOTHERAPY CENTER

In Skokie

8707 Skokie Boulevard, Suite 310, Skokie, IL 60077

Near the Edens Expressway and the CTA Yellow Line
(Dempster/Skokie station).

In Lakeview

3139 N. Lincoln Avenue, Suite 220, Chicago, IL 60657

Two blocks south of the CTA Brown Line (Paulina station).

In The Loop

120 W. Madison, Suite 920, Chicago, IL 60602

Between Clark & LaSalle.

Walking distance to Oglivie Station, CTA Pink, Orange,
Purple, Brown, Red & Green Lines.

for more information or to make an appointment, please call us at
847-568-1100 | INFO@lifeworkspsychotherapy.com