



Position Summary & Benefits
**Post-doctoral Fellow
 in Clinical Psychology**



lifeworks

Simply aware, fully alive.

LifeWorks supports the establishment of diversity, equity and inclusivity in its culture and practice.

Applicants of all ages, ethnicities, spiritual practices and religious traditions, genders and sexual orientations, black and indigenous people, persons of color and those with disabilities are encouraged to apply.



Position Summary & Hours

Post-doctoral Fellow in Clinical Psychology (Full Time)

This position requires administrative accountability, diagnostic capacities, therapeutic skills, and an ability to productively utilize supervision. Minimal outreach or marketing activity.

This is a full-time position and your compensation package is based on expectations that the following employment expectations are met, and these minimum weekly hours are maintained:



“Each of the trainings offered opportunities to engage, ask questions, and share with the intention of deepening our learning and I never felt limited in my ability to do so.”

2021

22-25 Clinical hours

- 1 Individual supervision
(1 hour minimal required for first year of employment and until the clinician is independently licensed) and/or external consulting group required
- 2.5 Paperwork, clinical notes, online practice management platform, ledger, etc...
- 2 In-service training, case consultation & team meetings
- 2 Thursday GH in-service modules
(required the first 12 months of employment)
- 1 In-service training prep
- 3 Professional project
(allotted for professional research, writing, presentations prep, etc..)
- 1 Optional in-house groups
- 1 Committee member activities and meetings

Additional responsibilities and/or weekly hours may be required. You may also be required to attend various professional learning experiences and practice events including practice-hosted support groups, staff retreats, practice-hosted workshops, KPACT events, etc.





Position Description

Post-doctoral Fellow in Clinical Psychology (Full Time)

Responsibilities

Conducts thorough intakes, identifies potential areas of concern and need, completes and submits all requested paperwork in a timely manner.

Provides individual psychotherapy (as well as couples, relationship, group and family therapy, if qualified).

Builds and facilitates rapport in the therapeutic relationship, retains clients effectively, identifies and addresses clinical issues, intervenes with client in ways that support the client's discovery, self-knowledge, interpersonal effectiveness, insight and development, monitors client progress and treatment, terminates responsibly and effectively.

Develops a comprehensive psychosocial assessment and treatment formulation for each client.

Utilizes professional supervision effectively: identifies, summarizes and frames clinical issues and questions proactively; makes use of supervisory input and reports back on impact; participates in and utilizes training in clinical activity; identifies and shares professional and personal learning and growth opportunities and goals relevant to the position and role. Seeks out supervision or assistance regarding assessment, formulation and treatment as needed or recommended.

Documents relevant clinical observations in clients' healthcare records according to practice requirements and or policies. Observes and complies with HIPAA requirements and APA guidelines.

Complies with administrative procedures and processes in a timely and effective manner. Reviews and responds to emails within 24 hours.

Uses the shared calendar system effectively to communicate their clinical DOS, availability and use of space.

Submits open hours & weekly ledgers and confirm client appointments on the online platforms as instructed. Is timely and effective in setting and collecting fees as well as discussing client balances with relevant parties.

Follows prescribed policies and practices regarding reported or suspected serious incidents and client emergencies including self-harm, harm to other(s).

Behaves ethically and in keeping with professional standards and APA guidelines or relevant professional guidelines. Seeks out supervision or consultation for issues or concerns that arise during clinical practice.



Recognizes the limits of their professional training, knowledge, experience, and skills and seeks appropriate avenues to learn and to address or to expand the scope of their practice.



Position Description

Post-doctoral Fellow in Clinical Psychology (Full Time)



Participates in LifeWorks staff retreats, workshops, team meetings, committee meetings, external consultation groups and in-service meetings.

Will provide a minimum of 2-3 months' notice of intent to leave the practice, when possible, for the purpose of terminating, transferring or otherwise attending to and maintaining a continuity of care for clients in their caseload.



Staff Intentions

Supports and seeks to align with LifeWorks values: integrity; respect; shadow boxing; fun; responsibility.

Demonstrates ability and interest in engaging in anti-racist programming and dialogue.

Has validated knowledge of anti-racist and anti-oppressive frameworks in therapy.

Strives to provide high quality services for all LifeWorks clients.

Presents and represents the LifeWorks practice in an accurate and professional way, uses the elevator speech effectively, develops relationships that grow or benefit the practice, fosters positive perceptions of LifeWorks.

“Experiential learning is really one of the only ways that I actually grow any new knowledge or skills; anything else is just theoretical and my brain doesn’t have anywhere to store it, so it doesn’t *stick*.”

2022



Qualifications

Post-doctoral Fellow in Clinical Psychology (Full Time)

Education

Master's or Doctoral degree in a mental health discipline, from an accredited college or university.

One or more years of relevant experience (*approach and methods, populations, special expertise, or training, setting, or other*).

Advanced or specialized training in focal areas is desirable.

Dual licensure (multi-state is desirable).

Personal Psychotherapy

We believe that a clinician's understanding of the relevance and significance of their own personal development is an important aspect of professional development and clinical skill. We support clinicians seeking out their own personal psychotherapy and growth experiences.

Language Skills

Ability to read and comprehend relevant professional books and journals, technical procedures, or governmental and professional regulations.

Ability to write case formulations, relevant case notes and basic business correspondence.

Ability to effectively present clinical information and respond meaningfully to supervisory questions and input.

Ability to teach and present effectively on an area(s) of clinical relevance is desirable.

Fluency in languages other than English a plus.

Reasoning Ability

Ability to define problems, collect data, establish facts, and draw valid conclusions with sensitivity to cultural differences utilizing and anti-racist framework.

Computer Skills

Ability to navigate online for purposes of clinically relevant research and other professional activity; intermediate level ability/facility with computer software including Word, Excel, PowerPoint or other similar programs.

Physical Demands

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is regularly required to read, talk and/or hear. The employee regularly is required to stand, walk, sit, to use hands and fingers for computer, cell phone and other equipment.



Staff on Working at LifeWorks

Curiosity

“I have been very engaged with the concept of depth and process work, and both have deeply enriched my work with clients. I think I’ve grown a lot. I came to LifeWorks with a more “problem-solve-y” style. Now, I have one that is more comfortable slowing down and being curious without having a particular destination in mind.

Likewise, I think LifeWorks’ training has helped me personally as well, especially via supervision, as a lot of the insecurities and anxious-tendencies I have as a therapist have their mirrors in my personal behaviors.”

2020

Identity

“It is important to me to work with therapists who emphasize diversity, creativity, and inclusion within a progressive practice. I believe that a sex-positive approach in psychotherapy is vital when working with the LGB, TQ, CNM, kink, and BDSM populations.

It is my goal to expand my clinical skills by learning how to utilize my strengths effectively and to enhance my identity as a therapist, while working within my community.”

2019

Attunement

“I feel as though a lot has changed and shifted within myself. I feel as though I am more attuned to clients, more able to bring myself into the therapeutic space, more trusting in the relationship. I don’t feel as though I am at any particular ending point; however, this is a sense that I have been able to let go of many insecurities and fears and am able to just be.”

2021



Change

“In a paradoxical kind of way, everything is the same, and everything is different.

I am still me, I am still my component parts, but I feel like I’ve been emotionally and existentially reorganized in some fundamental ways.”

2021



Mission, Culture & Values

Mission

LifeWorks brings new and seasoned therapists together to explore their professional dreams, build their skills and experiences, actualize their therapeutic potential and transform themselves into the sex-positive, embodied professionals they want to become, so we can provide quality individual and relationship psychotherapy to diverse clients with marginalized experiences and identities.

As an explicitly inclusive practice, we strive to embrace diversity in all its forms. We welcome clients of all ages, ethnicities, races, spiritual practices and religious traditions, gender and sexual orientations, and erotic expressions and practices. The clients we serve include those experiencing relationship problems, anxiety, depression and trauma, be they children, adolescents, adults, partners, spouses or families.

Culture

- 🌀 We reach for transformation.
- 🌀 We strive towards diversity and to center experiences of marginalization.
- 🌀 We make mistakes.
- 🌀 We practice acceptance, humility and repair.
- 🌀 We stretch, we grow and we care for each other.

Values

We are not perfect. We strive to bring grace to each other's mistakes and generosity to our shared learning. At LifeWorks, we integrate and live the following values in our relationships with each other, our clients and the broader communities we serve and with which we interface:



- 🌀 To have integrity in word, action and spirit through practices of honesty, transparency, and reliability.
- 🌀 To show respect through inclusiveness, fluidity, compassion, and trust.
- 🌀 To shadow box with life's difficulties, being willing to dance or wrestle with unknown, denied and disavowed parts of ourselves and others, including the messy and disturbing aspects of life.
- 🌀 To bring fun and creativity into our work and the lives of those we touch through play, enjoyment, and humor.
- 🌀 To behave responsibly and mindfully in matters of confidence, finance, and stewardship for the relationships that are entrusted to us.



Employment Benefits

- Competitive compensation
- W-2 status and associated tax benefits
- Profit sharing plan
- Option to join 401(k)
- Vacation days grow with your dates of service
- Professional liability insurance
- Group consultation and/or individual supervision
- CEs thru weekly in-services
- LifeWorks clinician events (i.e. KPACT), workshops & annual retreat



- Unique professional development & learning culture
- Full-time bookkeeper and insurance specialist
- No non-compete clause to keep you from moving on

“The practice really means that they use a depth approach – I am being engaged in deep ways, intellectually, emotionally, and psychologically.”



Expected Earnings 48 Week Year

DOCTORAL LEVEL CLINICIANS

\$140 Collected/Session

	Reimb. Rate	AVERAGE / NEW HIRE			EXCEPTIONAL/ESTABLISHED PRACTICE		
		Sessions per Week	Sessions per Year	Gross Earnings per Year	Sessions per Week	Sessions per Year	Gross Earnings per Year
<i>Unlicensed</i>	45%	22	1,056	\$66,528	27	1,296	\$81,648
<i>Licensed</i>	50%	22	1,056	\$73,920	27	1,296	\$90,720
<i>License +5-7 years post-grad</i>	55%	22	1,056	\$81,312	27	1,296	\$99,792

*Gross earnings are calculated before any taxes or deductions are made.
Gross earnings are based on average fees which may vary by individual.*

APPLY NOW

To apply for this position, candidates should send a letter of interest and resume for consideration.

Scan the QR code to apply online or email:
antonia@lifeworkspsychotherapy.com

Please include the position title in your subject line.



At Lifeworks we are committed to healing: to healing people, communities and the earth from violence and all forms of social injustice. In our mission, we acknowledge that the community in which we serve sits on the colonized land of the Anishinaabe Alliance of the Ojibwe, Odawa, and Potawami, often referred to as the Council of Three Fires.

We acknowledge that the spirits of the original people pass through us on our city streets and the healing wisdom traditions of the indigenous people are part of our human heritage- which we honor. As such, we make every attempt to recognize the deep wounds and atrocities committed against the original people of this land.

learn more at

www.LifeworksPsychotherapy.com

